

# PYA SHORT COURSE: THE CONSOLIDATED APPROPRIATIONS ACT Telehealth Services: Before, During, and After the Pandemic

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#### Introductions



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## Agenda





Medicare Telehealth Coverage Before the Pandemic



Medicare Telehealth Coverage Expansion During the Pandemic



State Action in Response to the Pandemic



- Medicare Telehealth Coverage Post-Pandemic
  - 2021 MPFS Final Rule
  - Consolidated Appropriations Act

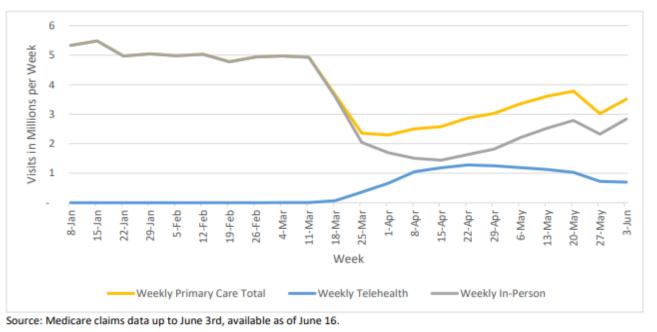






#### MEDICARE BENEFICIARY USE OF TELEHEALTH VISITS: EARLY DATA FROM THE START OF THE COVID-19 PANDEMIC

#### Figure 1. Primary Care Visits for FFS Medicare Beneficiaries (visits in millions per week)



## Medicare Coverage Pre-COVID-19



#### • Section 1834(m)

- Geographic
  - Patient must reside in rural area
- Location
  - Patient must be physically present at healthcare facility when service is provided (facility fee)
- Service
  - Coverage limited to CMS' list of approved telehealth services (CPT and HCPCS codes)
- Provider
  - Service must be provided by physician, non-physician practitioner, clinical psychologist, clinical social worker, registered dietician, or nutrition professional

#### Technology

Must utilize telecommunications technology with audio and video capabilities that permits real-time, interactive communication

#### Generally speaking, Medicaid and commercial payers have followed Medicare's lead on telehealth coverage

### Medicare Coverage Pre-COVID-19



#### With Some Exceptions

#### Telestroke

• Effective 01/01/2019, geographic and location requirements do not apply to services furnished to diagnose, evaluate, or treat symptoms of acute stroke

#### Substance Use Disorder

• Effective 07/01/2019, geographic and location requirements do not apply to services relating to SUD and co-occurring behavioral health conditions

#### • ESRD

 Effective 01/01/2019, geographic and location requirements do not apply to ESRD services relating to home dialysis

#### Medicare Advantage

• For 2020 plan year, MA plan may eliminate geographic and location requirements

#### Medicare Shared Savings Program

- Waiver of geographic and location requirements for ACO participants in risk models
- CMMI Initiatives

### Medicare Telehealth Coverage Expansion



#### Section 1135 Waiver

 Coronavirus Preparedness and Response Supplemental Appropriations Act (March 2020) expands Secretary's authority to waive geographic and location restrictions for duration of COVID-19 PHE

#### CMS Interim Final Rules

- Suspends certain *service* restrictions for duration of COVID-19 PHE
  - Expands list of covered services
  - Eliminates frequency requirements
  - Permits use of telehealth for required face-to-face visits, direct supervision for incident-to billing, teaching physician virtual presence
- Suspends certain *provider* restrictions for duration of COVID-19 PHE
  - Permits therapists and S/L pathologists to provide covered services via telehealth
  - Waives state licensure requirement
- Authorizes payment for certain audio-only E/M services

#### Agency Notices of Enforcement Discretion

- OCR Will not impose penalties if, in good faith, use any non-public remote audio/visual communication product for duration of COVID-19 PHE – reducing *technology* restrictions
- OIG Permits waiver of co-insurance

### **Medicare Billing and Payment**

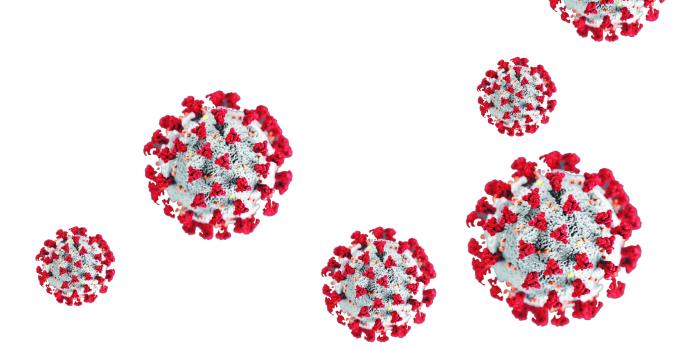


- Telehealth services paid at non-facility rates to compensate practices for telehealth-associated costs
  - POS = location "that would have been reported had the service been furnished in person...if not for the [PHE]"
  - Include -95 modifier; do not include CR (catastrophe/disaster related) modifier
- Submit claim to MAC serving provider's location (regardless of beneficiary location)

## State Action in Response to COVID-19

- Relax licensure requirements
- Expand Medicaid coverage
- Impose reimbursement parity





### Telehealth Coverage Post-Pandemic



- HHS has informed Governors PHE likely to continue through all of 2021
- Geographic and location restrictions return, absent Congressional action
  - Early versions of COVID relief bill included repeal of Section 1834(m) geographic and location requirements
  - Consolidated Appropriations Act's more limited changes to Section 1834(m) discussed below
  - Overcoming the PAYGO problem
- OCR and OIG notices and most state action expire



- Post-PHE telehealth coverage and policies
  - Expanded telehealth services
  - Use of telehealth as substitute for in-person requirements
  - Discontinuation of PHE allowances
  - Virtual check-in
- Commissioned study to evaluate impact of PHE telehealth flexibilities



#### **New Permanent Covered Services**

1.	Services we are finalizing for permanent addition as Medicare Telehealth Services	•	Group Psychotherapy (CPT 90853) Domiciliary, Rest Home, or Custodial Care services, Established patients (CPT 99334-99335)
		•	Home Visits, Established Patient (CPT 99347-99348) Cognitive Assessment and Care Planning Services (CPT 99483) Visit Complexity Inherent to Certain Office/Outpatient E/Ms (HCPCS G2211) Prolonged Services (HCPCS G2212)
		•	Psychological and Neuropsychological Testing (CPT 96121)



#### **Covered Services Through 12/31 of Year PHE Ends**

- Services we are finalizing to remain temporarily on the Medicare telehealth list through the end of the year in which the PHE for COVID-19 ends (Category 3 services), to allow for continued development of evidence to demonstrate clinical benefit and facilitate post-PHE care transitions.
- Domiciliary, Rest Home, or Custodial Care services, Established patients (CPT 99336-99337)
- Home Visits, Established Patient (CPT 99349-99350)
- Emergency Department Visits, Levels 1-5 (CPT 99281-99285)\*
- Nursing facilities discharge day management (CPT 99315-99316)
- Psychological and Neuropsychological Testing (CPT 96130- 96133; CPT 96136- 96139)
- Therapy Services, Physical and Occupational Therapy, All levels (CPT 97161- 97168; CPT 97110, 97112, 97116, 97535, 97750, 97755, 97760, 97761, 92521- 92524, 92507)\*
- and Hospital discharge day management (CPT 99238-99239)\*
- Inpatient Neonatal and Pediatric Critical Care, Subsequent (CPT 99469, 99472, 99476)\*
- Continuing Neonatal Intensive Care Services (CPT 99478-99480)\*
- Critical Care Services (CPT 99291-99292)\*
- End-Stage Renal Disease Monthly Capitation Payment codes (CPT 90952, 90953, 90956, 90959, and 90962)\*
- Subsequent Observation and Observation Discharge Day Management (CPT 99217; CPT 99224- 99226)\*



#### **Covered Services Through End of PHE**

3. Services we are not adding to the Medicare telehealth list either permanently or temporarily.	<ul> <li>Initial Nursing Facility Visits, All Levels (Low, Moderate, and High Complexity) (CPT 99304-99306)</li> <li>Initial hospital care (CPT 99221-99223)</li> <li>Radiation Treatment Management Services (CPT 77427)</li> <li>Domiciliary, Rest Home, or Custodial Care services, New (CPT 99324-99328)</li> <li>Home Visits, New Patient, all levels (CPT 99341-99345)</li> <li>Inpatient Neonatal and Pediatric Critical Care, Initial (CPT 99468, 99471, 99475, 99477)</li> <li>Initial Neonatal Intensive Care Services (CPT 99477)</li> <li>Initial Observation and Observation Discharge Day Management</li> </ul>



#### Telehealth as In-Person Substitute

- Subsequent SNF visits limited to once every 14 days (down from 30); inpatient and critical care remain once every 3 days
- Teaching physician present via telehealth for telehealth services furnished at residency training site outside MSA (plus changes to primary care exception)
- Direct supervision via telehealth for incident-to billing for telehealth services
- Direct supervision via telehealth for incident-to billing for in-person services continues through 12/31 of year in which PHE ends



#### **Ending with the End of the PHE**

Reimbursement for audio-only E/M services (i.e., CPT 99441-32, 98966-68)

Reimbursement for telehealth services furnished by physical/occupational therapists and S/L pathologists

RHC and FQHC reimbursement for telehealth services under G2025

Reimbursement for virtual check-ins and e-visits for new patients; waiver of cost-sharing for these services

Waiver of requirement to be licensed in state in which patient receiving telehealth services is located

....



#### Virtual Check-In (Telephonic)

- HCPCS G2012 (\$13.61)
  - Brief communication technology-based service by physician or other qualified healthcare professional provided to established patient, not originating from related E/M service provided within previous 7 days nor leading to E/M service or procedure within the next 24 hours or soonest available appointment; 5-10 minutes of medical discussion.
  - RHCs and FQHCs bill G0071
- HCPCS G2252 (new in 2021) (\$24.96)
  - Same, but 11-20 minutes of medical discussion

#### **OIG Work Plan**



January 2021

"Because of telehealth's changing role, the OIG will conduct a series of audits of Medicare Part B telehealth services in two phases.

Phase one audits will focus on making an early assessment of whether services such as evaluation and management, opioid use order, end-stage renal disease, and psychotherapy meet Medicare requirements.

Phase two audits will include additional audits ... related to distant and originating site locations, virtual check-in services, electronic visits, remote patient monitoring, use of telehealth technology, and annual wellness visits to determine whether Medicare requirements are met."

### **Consolidated Appropriations Act**



- Amends 1834(m) to eliminate geographic and location restrictions for "purposes of diagnosis, evaluation, or treatment of a mental health disorder" *but only if* ...
  - Billing practitioner "furnishes an item or service in person without the use of telehealth" for which there is Medicare coverage:
    - Within the 6 month-period prior to initial telehealth service
    - With such frequency thereafter as CMS determines appropriate
  - Does not impact existing coverage for SUD services furnished via telehealth
- Rulemaking
  - Definition of services relating to mental health disorder
  - Frequency of subsequent face-to-face visits
  - Exceptions for homebound patients
  - Other 1834(m) restrictions?

### **Consolidated Appropriations Act**



- Additional \$250 million for FCC's COVID-19 Telehealth Program
- FCC grants for broadband connectivity
  - \$1 billion to tribal governments for deployment on tribal lands
  - \$300 million for qualifying partnerships between state/local governments and broadband providers
- Expansion of VA telehealth program
  - \$1.33 billion for program expansion and to cover costs of providing telehealth services during PHE
  - Required reports and recommendations



## How can we HELP?





## **Recent Clients Served**



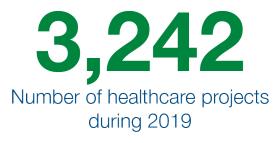


## PYA by the Numbers











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